

ERASMUS + TRAINING COURSE

MOBILITY OF YOUTH WORKERS PROJECT



23 - 30 MARCH 2026

KRUSHEVO, NORTH MACEDONIA



Funded by
the European Union



НАЦИОНАЛНА АГЕНЦИЈА
ЗА ЕВРОПСКИ ОБРАЗОВНИ
ПРОГРАМИ И МОБИЛНОСТ

DESCRIPTION OF THE PROJECT

The project “**Stoic Principles in Modern Entrepreneurship**” is a mobility of youth workers - training course that will involve 26 youth workers, youth leaders and trainers from North Macedonia, Croatia, Greece, Italy, Serbia, Slovakia, Latvia and Türkiye.

Entrepreneurial education is essential nowadays. It provides youngsters with a holistic set of skills and mindset that prepares them for the challenges and opportunities of the modern world. The job market is evolving, and constantly changing which makes the ability to think entrepreneurially as an essential asset in navigating the dynamic and competitive job landscape.

In this context, philosophy can provide a conceptual and ethical foundation for entrepreneurship, influencing how entrepreneurs approach challenges, make decisions, and contribute to society through their ventures. The intersection of philosophy and entrepreneurship can lead to a more thoughtful, ethical, and reflective approach to business endeavors. Philosophy and entrepreneurship may seem like distinct fields, but they share some common threads and can intersect in various ways. Successful entrepreneurs often need to navigate uncertainties, make decisions in ambiguous situations. Philosophy encourages critical thinking, the ability to analyse complex issues, and solve problems.

We see in Stoicism one of the most important empowering philosophical schools which principles can be applied to various aspects of life, including entrepreneurship and youth work. By incorporating Stoic principles into their mindset and decision-making, young people can develop a resilient and adaptive approach to the challenges and uncertainties inherent in business. Stoicism provides a philosophical framework that encourages personal and professional growth while promoting a calm and rational perspective. Stoicism promotes rational thinking and objective evaluation of situations. Entrepreneurs can apply this by making decisions based on facts, data, and logical analysis rather than being swayed by emotions or external pressures.

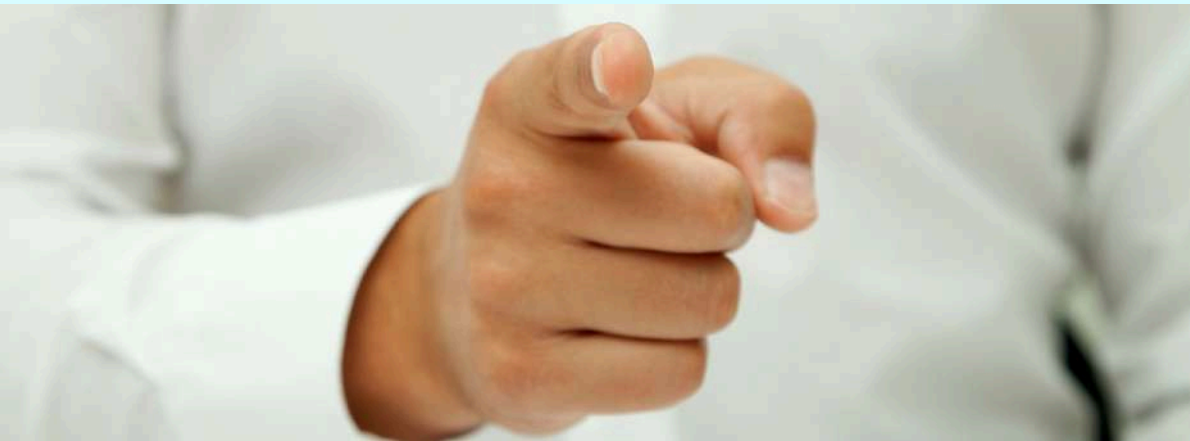
The project will help the involved youth workers to understand better this relationship, analyse it from youth work perspective and apply their findings to their youth work.





The main aim of the project is to improve the competencies and quality of the youth work of 24 youth workers to combat youth unemployment through entrepreneurship education and Stoic philosophy.

- To explore the roots, challenges, and socio-economic consequences of youth unemployment and how it can be addressed through youth work and non-formal education
- To promote entrepreneurial education through various philosophical schools, in our case the Stoicism
- To facilitate the exchange of good practices, methodological approaches and resources for youth work on improving employability skills between participants and the involved organisations
- To plan, develop and test non-formal learning activities and methods that can be used by participants and other youth workers to improve young people's employability skills
- To improve the skills of participants to design, facilitate and evaluate non-formal learning activities
- To strengthen the cooperation and networking between involved organisations by providing an opportunity for partnership building
- To promote the recognition and validation of knowledge, skills and competencies through non-formal education and Youthpass certificate
- To raise awareness about the Erasmus+ programme and the opportunities it provides in tackling youth unemployment and boosting the employability of youth workers and youth



Each partner organisation sends a group of **3 participants**.

- Youth workers, youth leaders, project managers or active volunteers with at least basic experience and knowledge in the topics.
- Older than 18 years old, preferably in the age group between 21 and 35 years old.
- Involved and active in the work of involved organisations.
- Strong motivation for participation and open-minded attitude.
- Readiness and commitment to organize follow-up activities after the training course in their local community.
- Able to comfortably communicate in English as its the working language.
- Residents in the involved countries.



Participants with fewer opportunities facing some kind of obstacles are more than welcome to participate and have priority for selection.



Each partner should send a **gender-balanced group**, so at least 1 male and 1 female participant per group.

PARTNER ORGANISATIONS



CET platforma Skopje

www.cetplatform.mk | macedonia@cetplatform.org



Tuskish Ex-EVS Volunteers' Association

www.trexevs.org | info@trexevs.org



Associazione di promozione sociale PAOLAB

www.paolab.eu | paolab2006@gmail.com



Udruga ZvoniMir

www.zvonimir.hr | zvonimir@zvonimir.hr



AZBUKI

www.azbuki.org | info@azbuki.org



Youth for youth

www.youth4youth.eu | dominikminarik@gmail.com



CET Platform Latvia

www.cetplatform.lv | latvia@cetplatform.org



Patras Youth Association

patrasyouthassociation@gmail.com



WHAT TO BRING WITH YOU



- 1) Bring leaflets/brochures/promotional materials from your organisations that can be used for **NGO Market** that will provide the following information: name & logo, goal/mission of organisation, field of work, target group(s), activities, good practices of implemented projects, plans for future, contacts.
- 2) We will have **intercultural nights** for presenting each participating country. For this reason, please bring some traditional food, drinks, clothes, products, promotional materials. Also, you can present traditional music and dances or make a quiz.
- 3) [EHIC Card](#)/Health/Travel/Accident **Insurance**. You should be covered during your stay.
- 4) **Comfortable clothes and shoes** as we plan to have outdoor activities.
- 5) **Warm clothes** - we will be in the mountain on an altitude of 1350m so it will get cold!
- 6) Your national group should have at least **one laptop** during the training course.
- 7) **Your personal cosmetics, medicines and other things that you might need.** There are stores around the city, but no big supermarkets. If you take any medication, please bring it with you. In Krushevo there are pharmacies but if you need prescription medication you can not buy them over the counter without a prescription.
- 8) **Good mood, smiles, open mind and motivation** to participate in all activities.



The Training course will be implemented in Krushevo from 23rd to 30th of March 2026 with 23rd of March being the arrival day and 30th of March the departure day.

Krushevo is a town in the western part of N. Macedonia. It is the highest town in N. Macedonia and one of the highest in the Balkans, situated at an altitude of over 1350 metres above sea level.

Set on a series of hills interlocked by vertiginous cobbled streets, Krushevo is home to a historic Old Bazaar, some phenomenal heritage architecture, and a collective of traditional craftspeople.

It's also the site of the Ilinden Monument, one of Former Yugoslavia's most iconic monuments, the origin point of a rebel republic that reshaped politics at the turn of the century.

Known locally as Makedonium, this structure is the recipient of many international accolades, including being named one of the top 10 most unique buildings in the world.

A large number of sunny days, the winter covers, along with the untouched nature, greenery, the unique flora and fauna in spring – and summertime, help make Krushevo a main tourist destination throughout the year.

Krushevo is located 165 km from the Capital, Skopje and 33 km from Prilep.





The accommodation will be in "[Vila Gora Krushevo](#)". The Vila is located at the following address: Hotelska Zona b.b. - Pitu Guli 53a, 7550, Krushevo, N. Macedonia.

Participants are going to stay in double and triple rooms that have their own private bathrooms. The participants will be in rooms with participants from other countries of the same gender in order to encourage intercultural learning also in the informal time.

You will be provided with towels and bed linen, but please bring your own sanitary products, shampoos, etc. There is internet access in the vila and in the all rooms.

Meals

There will be 3 meals per day, served in the hotel restaurant as well as 2 coffee breaks. Participants should inform us before the project about their diet preferences or allergies!



Working room

The activities of the training course will take place at the premises of the vila in their conference room, however, we also plan to do some outdoor activities.



Travel expenses of the participants will be covered in line with **Erasmus+ Programme rules** and **European distance calculator**.

Participants should choose a comfortable but inexpensive option for travel, to fit in the budget. We recommend buying tickets as early as possible, **NO LATER THAN 23 February!**

!!! Before buying tickets, participants must coordinate their choice with us by sending their travel plan at tcspime@gmail.com with the exact route, prices, dates and time for arriving and departing. Tickets purchased without our confirmation will not be reimbursed!

Please find flights to Skopje International airport (SKP) or Ohrid St. Paul the Apostle Airport (OHD) > www.airports.com.mk or busses/trains to Skopje central bus/train station.

You can also check flights to nearby airports in Prishtina (Kosovo) and Niš or Belgrade (Serbia) from where there are daily buses to Skopje, few times per day. You can use [Skyscanner](#) or [Kiwi](#) to find suitable flights but always buy the flights directly from the airlines.

The **arrival date is 23rd of March 2026**, so you must arrive before or on that date, before 14:00. The same goes for the **departure day which is on the 30th of March 2026**. You are allowed to stay **maximum 4 days** before OR after the training course (e.g. 2 day before and 2 day after). However, for this stay, we cannot cover any of your expenses and they are totally on your own budget.

Participants are responsible for obtaining their own health, travel or accident insurance, in case you are not eligible for European Health Insurance Card or if you don't have other private insurance already.

You will receive another set of information regarding your transportation to Krushevo according to your ticket bookings. That means that either we will support you with information on how to reach Krushevo or we will organize a shuttle bus for the whole group. It depends on your arrival dates and times.

REIMBURSEMENT PROCEDURE



Travel costs will be reimbursed up to the budget limit, set by the Erasmus+ programme, based on the [European distance calculator](#).

In order to receive the reimbursement, you need to provide the project coordinator with **all original travel documents** (tickets, boarding passes, receipts, invoices and email confirmations). All travel documents must clearly indicate price, currency, name of the passenger, date of purchase and travel itinerary. Electronic tickets must be sent to tcspime@gmail.com while paper tickets must be given in person, or **sent by post as original and via e-mail as scans**.

Reimbursement will be **done in EURO within 4 weeks** after the activity by bank transfer to your organization's bank account or with an agreement to one person from your national team who will need to reimburse the other participants. Reimbursement will be transferred only if:

- All participants **provide all needed travel documents**. We will reimburse the traveling only if we have both arrival and return tickets. Screenshots will not be accepted as proof of travel!
- **Full attendance** on the Training course activities.
- **Dissemination** of the project and its results by organizing local follow-up or visibility activities.
- **All participants fill out and submit the Participant Survey** that they will receive from the EU's Beneficiary module system on their emails after the Training course.

Participants **cannot travel in first class**. **Only in certain cases is possible to use a taxi or travel by car** but you must first get approval from the project coordinator.

Please note if you bought your ticket in your local currency which might be different than EUR, then we will need to calculate your travel costs according to the **exchange rates from this official European Commission's [website](#)**.

Participants are responsible for obtaining their own health, travel or accident insurance which we can not cover.

The **travel grant limits** per country are as follows, referring to traveling in both ways:

- ① North Macedonia (**56€**)
- ① Turkiye, Italy, Croatia, Slovakia, Latvia (**309€**)
- ① Greece and Serbia (**285€**) for **GREEN TRAVEL** (which means participants can only travel by bus, train or car to the project).



IMPORTANT NOTICE

PLEASE READ IMMEDIATELY

Accommodation and safety protocol:

We will stay in double-bed or triple-bed rooms that have private bathrooms. You will be provided with towels and bed linen, but please bring your own sanitary products. There is internet access in the villas and in all rooms. The hotel will disinfect daily the venue, restaurant and conference room. Since the venue is not a hotel, but a vila run by a family, there won't be a cleaning service and change of towels/sheets every day, so we need to keep our room clean by ourselves. The villa staff will however clean the rooms and replace the towels and sheets twice during our stay.

Travel/accident insurance:

We live in times of uncertainties, so more than ever it's important to be on the safe side and take precautions especially when traveling. We can't stress enough how important is for you to obtain travel/accident insurance before your departures for the days you will stay in North Macedonia. This kind of insurance usually costs a few euros but they provide you with safety and can save you a lot of money in case something happens. If you have a [European Insurance Health Card \(EHIC\)](#) then also take it with you. We can't reimburse you for obtaining this kind of insurance and you need to cover this cost on your own. The emergency contact in Macedonia is **112**.

Health, food and dietary preferences:

We strive to accommodate food and any other preferences that are related to medical, religious, or similar reasons. However, please note that personal dietary preferences (e.g. "I eat only lamb because I like it" or "I eat only specifically prepared food due to my fitness program") cannot be catered to. Meals will be prepared following a balanced diet and traditional Macedonian cuisine. If you desire additional specific foods, you may purchase them at your own expense from local markets.

If you have any medical or other issues that could impact your ability to participate in the project or affect your well-being or that of other participants, it is essential to inform the project coordinator in advance via the application form.

IMPORTANT

Weather:

In March usually the climate at this time in North Macedonia is cold with occasional rain, but we will be in a mountain city at an altitude of 1350 meters so we might even have snow during the Training course. For this reason, we advise taking some warm clothes and thick jackets because the nights can be with temperatures close to 0 degrees Celsius. Don't forget to take some comfortable clothes and shoes because we plan to have few outdoor activities. You can check the weather forecast for the week [here](#).

Currency and Exchange rate:

The currency in North Macedonia is Macedonian denar (MKD) which has an exchange rate of 1EUR = 61,35MKD. All local prices will be in MKD and it is not possible to pay with any other currency. There is an exchange office and banks in Krushevo where you can exchange only EUR and USD. The majority of bars/restaurants/markets accept debit/credit cards, but smaller shops, souvenir places and outdoor vendors usually only accept cash. You can exchange your money in Skopje in any bank or at the exchange office at Skopje central bus station (next to ticket counters) with normal exchange rate. There are few ATMs in Krushevo that you can use to withdraw money from your cards.

Roaming outside of EU and WiFi:

You will be outside of your countries, so you will be in roaming when using your phone to call, sending SMS and using data internet! The roaming is usually expensive, so except if you have a contract with your mobile operator that allows you to use calls and internet in roaming, we really don't recommend using it while in North Macedonia!

There will be WiFi at Vila Gora's premises (restaurant and rooms), but since we will be a lot of people it might get slow at times.

If you really need stable and fast internet, there is a good deal from A1 mobile operator that you can use to buy 20GB of fast internet for 399MKD (6.5 EUR), available for use for 7 days. There is no official A1 shop in Krushevo, so you need to buy it while in Skopje. There is a store really near to Skopje central bus station [in the shopping mall Vero](#). You will need to have your ID or passport with you to buy the SIM card.

Youthpass

All participants are going to receive a youthpass certificate at the end of the project, provided that they have fully participated in the training course.

Youthpass is a tool to document and recognise learning outcomes from youth work activities based on non-formal education.

While creating their Youthpass certificate together with a support person, project participants are given the possibility to describe what they have done in their project and which competences they have acquired. Thus, Youthpass supports the reflection upon the personal non-formal learning process and outcomes.

As a Europe-wide recognition instrument for non-formal learning in the youth field, Youthpass strengthens the social recognition of youth work. Youthpass supports active European citizenship of young people by describing the added value of their project.

Youthpass also aims at supporting the employability of young people by raising their awareness of and helping to describe their competences, and by documenting their acquisition of key competences on a certificate.

More information about Youthpass on: www.youthpass.eu/en

To support this process, every day during the training course there will be space for individual and group reflections as a way to be more aware participants own learning, to have the chance to record it and also as a way to provide feedback and evaluation to the organisers and trainers.

ABOUT THE ORGANISERS



CET platforma Skopje is established in January 2016 by young, motivated, competent and experienced youth workers, leaders, activists and experts who are active in the civil sector and youth work from 2008. CET platforma Skopje is the Macedonian branch of CET platform network that has member organisations in Serbia, Croatia, Poland, Montenegro, Slovenia, Kosovo, Italy, Bulgaria, Greece, Lithuania and Bosnia and Herzegovina.

Vision

The vision is to fulfil a broader social interest, to act and achieve objectives in the areas of civil society, democratic order, civic values, human rights, media, non-formal education and vulnerable categories of citizens in society. We strive to stimulate and sustain the personal, professional and social development of the local youth and to foster their active and responsible participation in educational, social, cultural, political and economic life in the communities they live in.

Mission

CET platforma Skopje is a voluntary, non-profit, non-governmental association of citizens with mission to: strengthen civil society on local, national and European level, promote and protect the human rights, perform activities which encourage moral and civic values, strengthen inter-ethnic relations, empower youth in society, advocate for social inclusion of vulnerable groups, promote non-formal education and offer support, education, training and mobility opportunities to young people.



SOUNDS INTERESTING?



APPLY NOW

You can apply directly to the partner organisations of this project or by clicking on the 'APPLY NOW' button below.

North Macedonia - CET platforma Skopje
macedonia@cetplatform.org

Türkiye - Tuskish Ex-EVS Volunteers' Association
info@trexevs.org

Italy - PAOLAB
paolab2006@gmail.com

Croatia - Udruga ZvoniMir
zvoniMir@zvoniMir.hr



Serbia - AZBUKI
info@azbuki.org

Slovakia - Youth for youth
dominikminarik@gmail.com

Latvia - CET Platform Latvia
latvia@cetplatform.org

Greece - Patras Youth Association
patrasyouthassociation@gmail.com



CONTACTS



More information as well as the activities programme will be provided to the selected participants.



Bojan Kocovski - Project coordinator

tcspime@gmail.com | +38978247458 (whatsapp/viber)



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