

V.I.T.A.L.

Training course

Djakovo, Croatia
21. - 29. November 2023.

27 youthworkers
and active
leaders

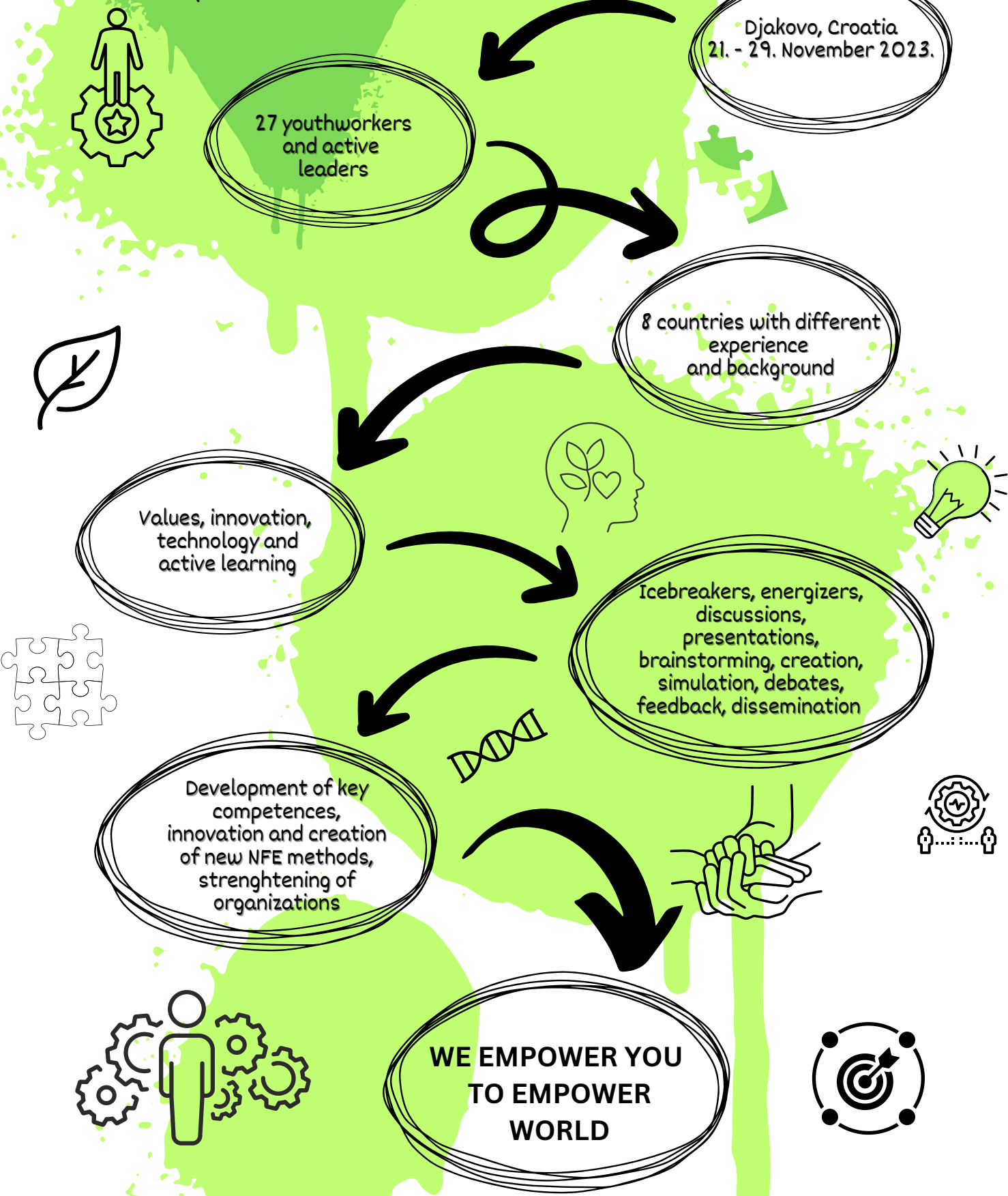
8 countries with different
experience
and background

Values, innovation,
technology and
active learning

Icebreakers, energizers,
discussions,
presentations,
brainstorming, creation,
simulation, debates,
feedback, dissemination

Development of key
competences,
innovation and creation
of new NFE methods,
strengthening of
organizations

**WE EMPOWER YOU
TO EMPOWER
WORLD**



INFOPACK OF THE PROJECT

As we all know, after two years of pandemic, different restrictions and also blocked almost all activities in which young people, youth workers and leaders could participate in direct communication with each other and between each other, we decided to implement this project in order to cover the gap of 2 generations of young people who didn't have opportunity to participate in youth activities during the pandemic but also who didn't have opportunity to get information about active citizenship, how to become active citizens, how to be active on their local, regional, national and international level, how to become involved in youth activities, how to organize different activities in order to take initiative and make some positive changes in the society, how to prepare activities, how to work on promotion of European values, how to work on promotion of youthwork and youth activities, and these are the reasons why we decided to implement this project and give young people a chance to compensate 2 years of passive activities and through different non-formal and informal methods learn from each other and gain new knowledge, skills and attitude and improve their key competencies related to active citizenship, European values, active involvement in the society but also to think about how to include digital tools in different youth activities in order to be prepared for any non-expected situations in the future. The project is based on research that we implemented in the second half of 2022, together with our partners in order to recognize the needs of young people in our society and to get to know what they lack in order to become actively involved in society and to actively participate in democratic processes and different activities which as a goal have to make positive changes in the society and to make a positive impact on the society in which we all live nowadays.

Before the pandemic, most youth organizations and youth workers were not prepared for it and with a pandemic, all activities were stopped because of a lack of digital competencies of youth workers, lack of resources and capacities of youth organizations but also lack of creativity and possibility for fast reaction. In order to prevent it in the future and to be prepared for any new situation, we want to work on the education of youth workers and leaders on the usage of digital tools in youth work and how to combine it with our standard tools and methods in order to change our approach to young people but also to change the methods and use digital tools as much as we can in order to make our activities more attractive to young people and to make it more relevant for the time in which we are living.

In order to wake up interest for young people for their active participation in society but also for their active participation in youth activities, we need to create new innovative methods that are more in line with the time in which we are living now which is challenging, is making an impact much faster on young people and which is much riskier when it comes to radicalizations of young people, exclusion of young people, especially when it comes to young people with fewer opportunities and also when it comes to needs of young people which we cannot cover anymore with methods and tools which are not in line with a challenging time in which we are living and which is changing more dynamic than ever before.

All the objectives of the project are connected with Erasmus+ program objectives especially the mobility of young people objectives, Inclusion, and diversity strategy objectives through providing the same opportunities for everyone and reaching more young people with fewer opportunities in order to work on inclusion and by our example to show that it is possible, EU youth strategy objectives and goals especially inclusive societies, moving rural youth forward and space and participation for all and Green and sustainable policy.

Also, by this project, we will not just involve participants of the project but also other stakeholders, decision-makers, and media representatives as media strategy for it is also developed, other youth workers and active leaders, from societies from which participants are coming and also other people who will get informed about our activities through media, social media, and other communication tools.

Through the project, we will work on the integration of digital tools and learning methods in order to complement the physical mobility activities and to improve the quality of youth activities in the future, promote environmentally friendly practices and sustainability among participants in order to make an impact on the environment but also in order to improve new habits among participants, promote youth participation in democratic life, support social and civic engagement of young people in the society and take care that they have all necessary information and tools for their active involvement in the society and also, we will work on reaching EU youth goals in order to promote EU policies and make an impact and positive changes in our society.



The needs which we want to cover with this project are:

- need for continuous education and development of youth workers and leaders who are actively involved in youth activities
- need for capacity building of organizations who are working with young people in order to make them more relevant and to make their work more interesting for young people
- long-term usage of similar working methods and the need for development of new innovative and creative methods for youthwork
- need for the promotion of European values and active citizenship, especially after the pandemic in order to cover the period in which we didn't have an opportunity to learn about it because of different restrictions
- need for more inclusive methods and involvement of young people with fewer opportunities in youth activities as they were a group that was most vulnerable during the pandemic and there is a huge need to compensate that lost time for them
- need for modernization and digitalization of nonformal education in order to make it more relevant for the time in which we are living but also in order to follow the trends and make nonformal education more attractive for young people
- need for empowerment of youth workers, leaders and other young people who are involved in youth work in order to develop their key competencies related to European values, and active citizenship but also related to the development of green practices and environmentally sustainable ways of youth work
- need for promotion of the Erasmus+ program and opportunities which is provided to young people all over the world, especially in countries that are still not that much involved in Erasmus+ programme and projects
- need of society to create more learning opportunities for young people in order to make them more engaged in society but also in order to give them a clear picture of the ways they can become active citizens and be actively involved in society through different ways of involvement



Objectives of our project are:

- Encourage youth workers and active leaders to engage more in working with young people and to motivate them more in order to make an impact and increase the number of young people who are actively involved in the society
- Promote inclusion of young people, especially young people with fewer opportunities in order to show on our own example that it is possible through different ways of involvement but also through more attention provided to those young people
- Provide youth workers, active leaders, and youth organizations with the tools and methods that can be used in youth work on the topic of active citizenship, human rights, European values, and environmentally sustainable youth work
- Motivate youth workers, and active leaders to work on the creation of new learning methods for young people but also to be innovative and transform their ideas into the reality
- Encourage youth workers and active leaders to use digital tools in “traditional” youth work methods in order to make it more modernized but also in order to make it more interesting and attractive for young people especially nowadays when young people are using technology for everything
- Make youth workers and youth organizations think out of the box and adapt their approach to the different needs of young people in order to support and promote the inclusion of young people, especially young people with fewer opportunities
- promote the Erasmus+ program and projects which can be done within Erasmus+ in order to reach more young people with information about it but also in order to increase the number of young people and organizations who will be involved in Erasmus+ projects, especially from those countries that are still not enough involved and that are dealing with lack of information
- Promote sustainability and environmentally friendly habits of youth organizations in order to make an impact on other young people and to make an impact on the society in order in general through different promotional and raising awareness activities



Profile of participants:

- participants in this project will be youth workers, leaders, and other young people who are involved in regular youth work of partner organizations in the project and who are actively working with young people and who are interested in the development of youth work and more importantly on development of their own key competencies in order to make their work more attractive and more relevant for young people in today modern society. Also, participants will be highly motivated for development of new innovative working methods which will be used by partner organizations involved in the project but also by everyone who wants to use it as results of the project will be widely shared in order to make those results reusable and sustainable but also in order to motivate the others to work on development and progress of youth work in nowadays society through usage of digital tools.
- participants will be also youth workers who are ready to work on the modernization of youth work and to use digital tools in youth work methods in order to attract more young people to become involved in our activities also in order to provide young people with ways, tools, and methods on which they can become actively involved in the society and part of active citizenship in order to make an impact on the society and create positive changes in the future and nowadays time is demanding constant changes and constant active involvement in the society in order take a part in the society and leave the footprint of the young people in the society
- project will involve 3 participants from each country (Croatia, Armenia, Georgia, Poland, Portugal, North Macedonia, Serbia and Greece) following the universal selection criteria and trying to reach gender balance in communication and cooperation with the partners
- all participants will be involved in all phases of the project from the preparation phase to reporting phase in order to gain valuable experience of involvement in international mobility education project but also in order to develop their key competencies and be ready to use it inside the partner organizations even after the project life time.



Universal selection criteria for participants:



Readiness for long term active involvement in youth activities

Ability to follow the activities in English as working language

Ability to work in international and intercultural environment

Youth workers and leaders dealing with fewer opportunities will have advantage

Ability to participate in all phases of the project

Youth workers and leaders actively involved in youth activities of partner organizations



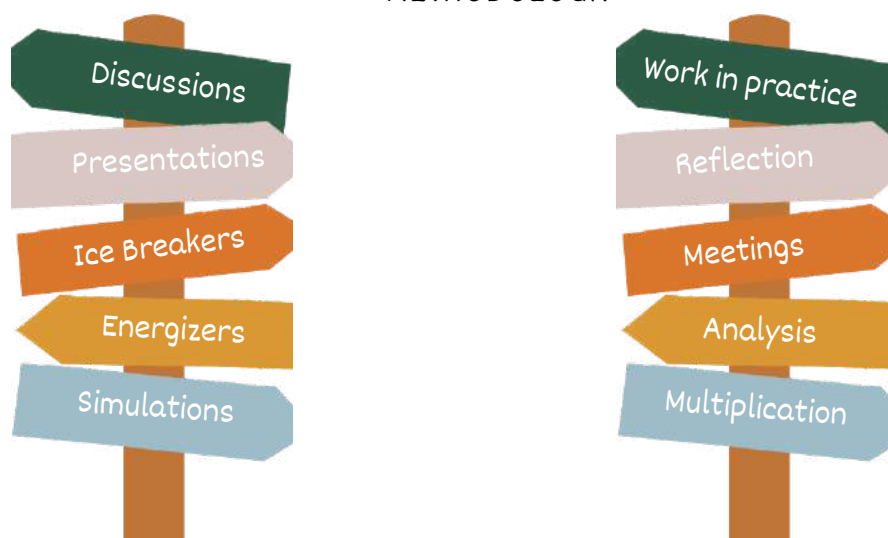
ACTIVITIES OF THE PROJECT

This project contains one activity - Training course "V.I.T.A.L." which stands for "Values, innovation technology and active learning". The training course will be organized in Djakovo, Croatia, from 21. - 29. November 2023. and it will gather 27 youth workers and active leaders from partner organizations from Croatia, Armenia, Greece, Georgia, Poland, North Macedonia, Portugal and Serbia who will through participation in various workshops, discussions, presentations, simulations, debates, meetings and exercises go through process of learning by doing and work on improvement of their key competencies but also work on reaching the goals of the project.

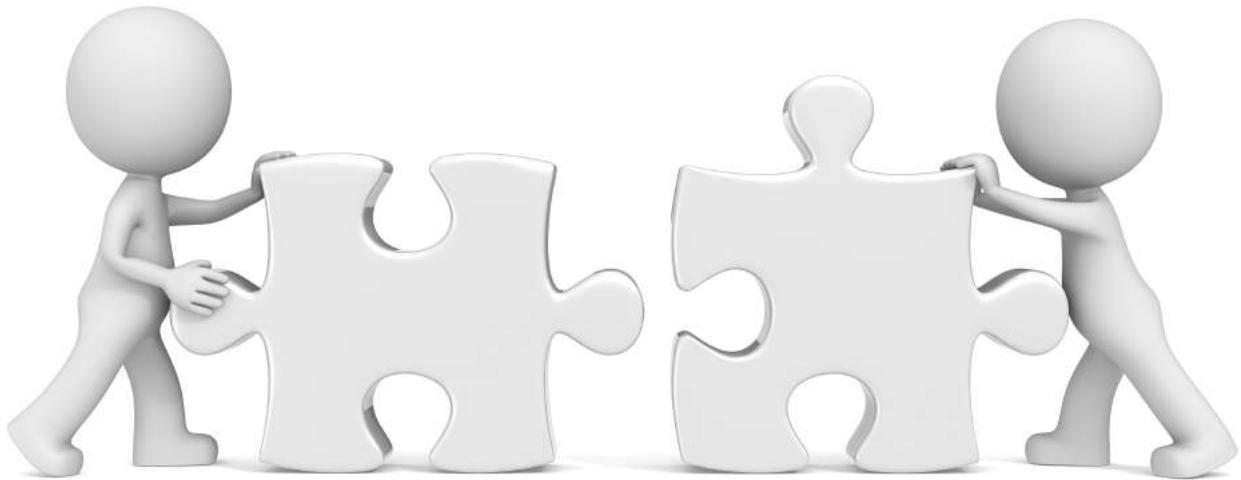


In order to follow the principles on which we are working and which we are promoting through all of our projects, in this project also in agreement with the partners we will give our best to reach the gender balance during the project or to be very close to it through communication with the partners. Also, all the objectives of the project are connected with the objectives of the EU Youth Strategy, and Youth Participation Strategy through the enhancement of youth participation in society and democratic life, but also with the European Youth Goals 2021. – 2027. especially in the point of Inclusive societies, Moving rural youth forward, and Space and participation for all as the 3 main goals with which objectives of this project are connected.

METHODOLOGY:



PARTNERS INVOLVED IN THE PROJECT



CROATIA

C:E:T platform Croatia
Email: croatia@cetplatform.org



ARMENIA

Uniting bridge Armenia
Email: unitingbridgengo@gmail.com



GEORGIA

Creative Youth Platform
Email: info.cyp.org@gmail.com



POLAND

Fundacja Patrz Globalnie
Email: patrzglobalniengo@gmail.com



GREECE

C:E:T platform Greece
Email: greece@cetplatform.org



**NORTH
MACEDONIA**

C:E:T platform North Macedonia
Email: macedonia@cetplatform.org



PORTUGAL

Conexao Jovem Portugal
Email: geral@conexaojovem.pt



SERBIA

Cosmopolitan Serbia
Email: ngocosmopolitan@gmail.com

HOW TO APPLY?

Each partner organization will send 3 participants (2 male and 1 female or 1 male and 2 female) in order to try to reach gender balance during the project.



In order to apply for participation in the project, please fill and submit this application form:
<https://forms.gle/xJMn2kWQ59uttrcy5>

The deadline for applications is 01. October 2023. and after this date, all applicants will be informed about the selection results. Selection will be done in cooperation between all partner organizations taking into consideration universal criteria which can be found in this info pack and the agreement of your sending organization. More information about the selection process you can get from the side of partner organizations who's contacts you can find in previous page.

For this project there is no participation fee required from the side of C:E:T platform Croatia as a hosting organization. Travel costs, food and accommodation are financed by Erasmus+ programme.



TIMELINE OF APPLICATION AND SELECTION PROCESS



VENUE AND ACCOMMODATION

The project will be hosted in Djakovo, Croatia as we like to call it Heart of Slavonia. Djakovo is a town in the region of Slavonia, Croatia. Djakovo is located 37 km to the southwest of Osijek and 60 km west of Vukovar, also 240 km southeast of Zagreb, the capital of Croatia. It has 25 000 inhabitants and is famous for the Cathedral of St. Peter and Paul, the State stud farm Djakovo and festival Djakovacki vezovi.



Participants will be hosted in Hotel Blaža, in 2 and 3-bed rooms equipped with a working desk, internet connection, TV, and bathroom in each of the rooms. Also, the working room and the restaurant are at the same address as the hotel, in the same building. The address of the hotel is Ante Starcevića 158, 31400 Djakovo, Croatia.

SNACK
TIME



Participants will be provided with 3 meals per day (breakfast, lunch, and dinner) which will be adapted to their diet needs and allergies expressed in the registration form in the preparation phase of the project. Also, every day participants will be provided with 2 coffee breaks (between the first and second, and between the third and fourth sessions) during which they will be served with coffee, tea, refreshment and snacks.

TRAVEL INFORMATION

As Djakovo is in the east part of Croatia, in the middle between the Hungarian border on the north, the Serbian border on the east, and the Bosnia and Herzegovina border on the south, there are many different options for traveling to Djakovo. However, we would like to recommend some of them that are most suitable and most effective:

- You can come by plane to Zagreb (Airport Franjo Tuđman) or Vienna Airport and then take a bus to Djakovo, Croatia. Tickets for your flight you can find in these links:
 1. Skyscanner: <https://www.skyscanner.net/>
 2. Wizzair (mostly for flights to and from Vienna): <https://wizzair.com/#/>
 3. Ryanair (available some flights to and from Zagreb): <https://www.ryanair.com/hr/en>
- From Zagreb airport to Zagreb bus station you can take the shuttle bus for which the timetable you can find here: <https://www.zagreb-airport.hr/en/passengers/to-from-the-airport/by-airport-shuttle/89> or you can use the public bus (line 290) for which timetable you can find on the same link
- From Zagreb to Djakovo you will need to take a bus for which timetable you can find on this link: <https://www.akz.hr/en>
- Car sharing and services like BlaBla car are allowed with the confirmation of reservation and approval of the organizers



Before buying any tickets, be sure that you agreed with organizers about your travel plan in order to be sure that travel plan is most suitable and most efficient. Traveling 2 days before OR after the project dates is allowed but also should be agreed with the organizers. For participants who use green travel, travelling is allowed 4 days out of project dates but also should be agreed with organizers.

Reimbursement of your travel costs will be done by bank transfer to the bank account of your sending organizations after the collection of all tickets, receipts, and reports from the dissemination phase of the project. In case you will buy tickets in a currency different than Euro, for final calculation we will use the exchange rate for July 2023 which can be found on this link: https://commission.europa.eu/funding-tenders/procedures-guidelines-tenders/information-contractors-and-beneficiaries/exchange-rate-infoeuro_en



LIMITS FOR REIMBURSEMENT OF YOUR TRAVEL COSTS ARE:

Croatia - 20€

Armenia - 360,00€ + 2 extra travel days + visa costs

Georgia - 360,00€ + 2 extra travel days

Poland - 275,00€ + 2 extra days (or green travel 320,00€ + 4 extra travel days)

Greece - 275,00€ + 2 extra travel days (or green travel 320,00€ + 4 extra travel days)

North Macedonia - 180,00€ + 2 extra travel days (or green travel 210,00€ + 4 extra travel days)

Portugal - 360,00€ + 2 extra travel days (or green travel 410,00€ + 4 extra travel days)

Serbia - 180,00€ + 2 extra travel days (or green travel 210,00€ + 4 extra travel days)

Reimbursement of travel costs will only be done upon full attendance in the training program and presentation of the original tickets with boarding passes and receipts/invoices. Also, all participants need to submit an Individual report request which they will get from European Commission in their emails after the activity and all participants need to organize dissemination activities and create dissemination reports. Reimbursement will be done in EURO, regardless of the currency indicated on your ticket and receipt/invoice on the bank account of a partner organization. Please do not buy your tickets before informing us about your travel plan and the prices of the tickets. Once we get that information we will immediately confirm you buy tickets. Taxi is not an eligible means of transport, however, there are a few exceptions. Please contact us if the taxi is the only mean of transport that you can use on some part of your travel.

TRAVEL HEALTH INSURANCE

All participants on the project should ensure travel health insurance for themselves as costs in case of medical support will be much lower than in case that you dont have health insurance.



For participants who are coming from EU countries it is available European Health Insurance Card (EHIC) which can be issued in your country and for more information on where to issue it you can ask coordinators from your sending organization.

For participants who are coming from non EU countries, we would like to ask you to issue travel health insurance for yourself in order to have it with you in case of need. Unfortunately, costs for travel health insurance are not planned in the budget and will not be reimbursed.





- There will be two Intercultural evenings. Participants are expected to create an interesting, interactive, and creative intercultural evening with the goal to fight prejudices and stereotypes about their country/ community/ culture.
- As one of the goals is to provoke and support the creativity of participants, during intercultural evenings we will not use a projector, Youtube videos, PowerPoint presentations, etc.
- Bring food, drinks, tourist brochures, postcards, souvenirs, and whatever you think will help you for presenting your country in the best way.
- The intercultural evening will be organized and open to the public if other conditions allow us
- Our currency from 1st January 2023. is Euro while HRK is not anymore in usage
- In most places paying by card is possible but not in most of the bars so be sure to have some small cash with you

If you need any additional information about the project, traveling to Djakovo, the venue of the project, travel costs, and any other info related to this project, don't hesitate to contact us on croatia@cetplatform.org

