

YE THE RHYTHM OF THE LIFE INFOPACK

3rd - 12th October 2023
Puente Genil, Córdoba, Spain
[@erasmiau](#)



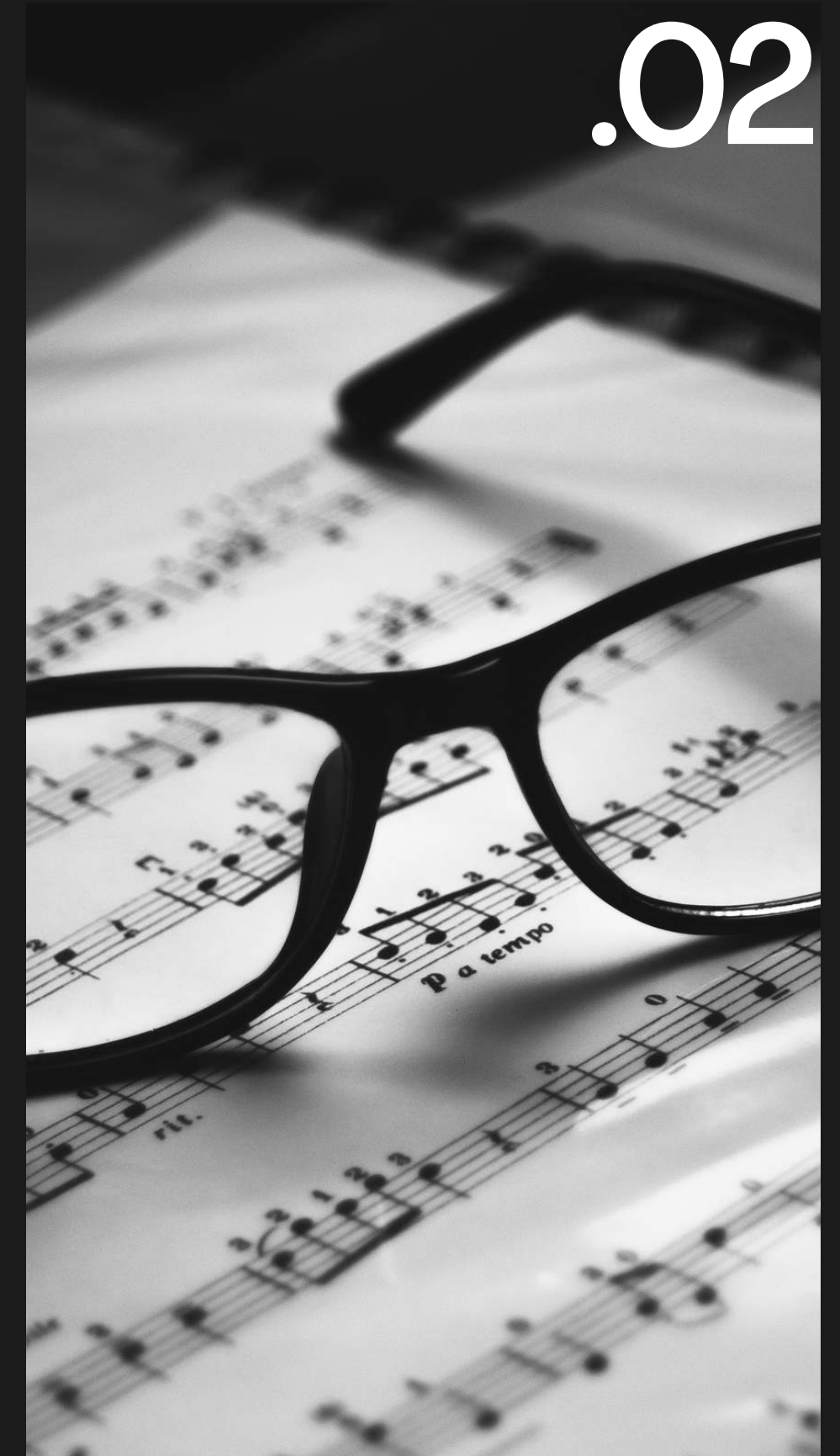
WHAT?



"The Rhythm of the life" is an European project that seeks to develop environmental awareness in a diverse group of young people of different nationalities through music as the main tool.

This youth exchange is an unique opportunity for young people to explore music as a means to convey important messages about caring for the environment and sustainability.

The general objective of "The Rhythm of the Life" is to promote environmental awareness and sensitivity towards caring for the environment among a diverse group of young people of different nationalities through music.



PROGRAMME DATES

Official dates:

03rd to 12th October

Those days there will be planned activities
(Including Meals)

There will be 2 extra travel days that you can
use as you need to cover your ARRIVAL and
DEPARTURE trips.

According to the Spanish National Agency:
In the case of Ukraine, there will be 4 extra
travel days to manage the different trips

During Extra Travel Days participants need to
take care of their stay by themselves.

WHEN?

.03

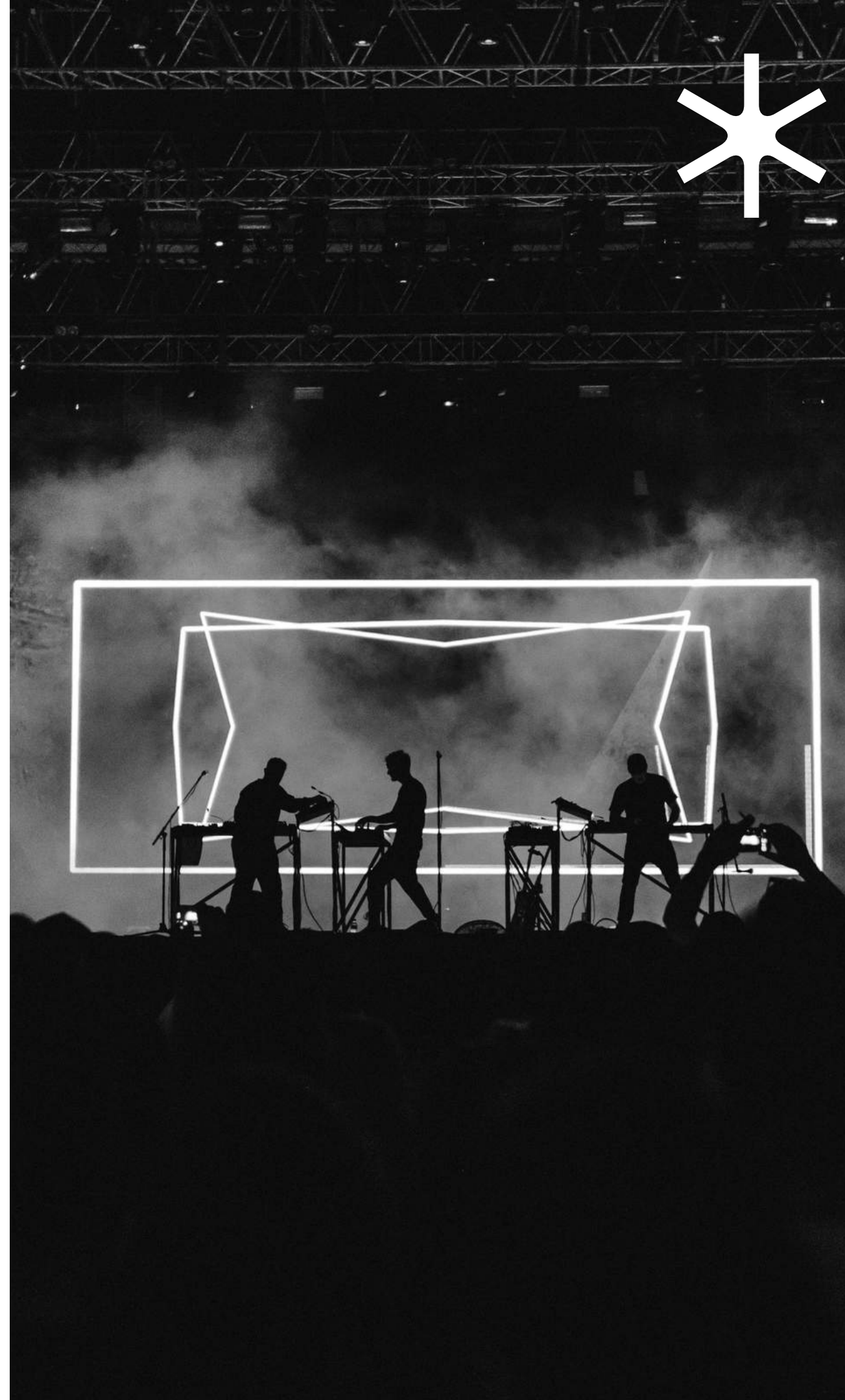


WHO?

UMBRELLA - Georgia
GO ALIVE - Greece
ASOCIACIJA "AIDINTI KARTA" - Lithuania
CET PLATFORMA SKOPJE - North Macedonia
ASOCIACIÓN JUVENIL ERASMIAU - Spain
CIVIC ORGANIZATION DEVELOPMENT CENTER
PANGEYA ULTIMA - Ukraine

5 PARTICIPANTS + 1 GROUP LEADER (EACH TEAM)
18 - 25 YEARS OLD
EXPERIENCE IN MUSIC AND ENVIRONMENTALISM

MAIN LANGUAGE OF THE PROJECT: ENGLISH



WHERE?



VENUE OF ACCOMODATION: PUENTE GENIL

The venue of the project will be a Public Youth Hostel in Puente Genil, Cordoba. It is in the centre of the city town and about 1h 15min from Malaga/Sevilla/Cordoba.

- Google maps:
<https://goo.gl/maps/3U8JGaVGDchVKQ2G8>
- Video tour:
<https://www.instagram.com/reel/CqFiN5NoNip/?igshid=YmMyMTA2M2Y=>

01.

Rooms made by 4 or 6 people with 1 shared bathroom per room.

02.

Conference Room for workshops located in the Youth Hostel

03.

Drinkable water and toilet paper provided all day long

04.

Meals (Breakfast, Lunch and Dinner) offered in another place (5 min by walk)

INSTRUCTIONS FOR TRAVEL

ARRIVAL

Nearest airports to Puente Genil are Malaga and Sevilla. You could also check Madrid. Depending on the airport participants arrive, take into consideration before buying their flight tickets the following information:

If you land at Malaga Airport:

Take a commuter train (in front of arrivals) called Renfe which will take you to Central Train Station Malaga Maria Zambrano.

Here you should take a train to Puente Genil - Herrera

If you land at Sevilla Airport:

- **Option 1. Bus (Monbus)** You can take a city bus from the airport to the bus station Prado San Sebastian (Tussam) where you can take a bus to Puente Genil Bus Station.
- **Option 2. Train (Renfe)** You can take a city bus to Sevilla Santa Justa train station, where you can take a train to Puente Genil- Herrera.

If you land at Madrid-Barajas Airport:

- **Option 1. Bus (Socibus) + Bus (Carrera)**
You can take a bus or metro to Estación Sur bus station where you can take a bus to Córdoba. In Cordoba Bus Station you can take another bus to Puente Genil Bus Station.

- **Option 2. Bus (Socibus) + Train (Renfe)**
You can take a bus or metro to Estación Sur Bus Station, where you can take a bus to Cordoba. In front of Cordoba Bus Station, it is the train station where you can take a train to Puente Genil- Herrera train station.

- **Option 3. Train Renfe**
You can take a bus or metro to Atocha Train Station where you can take a train directly to Puente Genil- Herrera (train is faster but more expensive also).

DEPARTURE FROM PUENTE GENIL

By bus

You should go to Puente Genil Bus Station where you can take a bus to Cordoba or Sevilla

By train

You should go to Puente Genil-Herrera train station, where you can take a train to Cordoba, Malaga, Sevilla or Madrid.

We will help you to book a taxi from venue to the Train Station.

You can consult the bus and trains schedules here:

- City Bus Sevilla TUSSAM:
<https://www.tussam.es/en>
- Bus Monbus:
<https://www.monbus.es/>
- Bus Carrera:
<http://www.autocarescarrera.es/lineas- regulares/horarios>
- Train Renfe:
<http://www.renfe.com/EN/viajeros/index.html>
- Bus Socibus:
<https://socibusventas.es/es/>

Please feel free to contact us for all the questions that you need :)

WHAT TO BRING

- Comfortable clothes (tracksuit, comfy t-shirts for both indoor and outdoor activities), shoes for workshops depending on weather, slippers.
- Any **medicaments** you use and will be needed for you while staying.
- **Towels and hygienic set** (it is not provide in the hostel)
- If there's any person with special diet/allergies/needs, please inform us about this via the Participation Form attached above the Infopack.
- It is especially important for us to know about diets/allergies/particular needs in advance.

Traditional food, drink and souvenirs for intercultural evenings activities. We will offer a space of the programme to promote the different countries we represent. You will have access to a fridge to keep the food and drinks in good conditions.



REIMBURSSEMENT CONDITIONS

1) Financial Travel Information

Greece, north macedonia and ukraine: 360€

Lithuania: 530€

Georgia: 820€

This amount will be the maximum expenses covered in the concept of Travel Costs

The travel costs are financed by European Commission, attending to the programme rules according to distance calculator

2) Reimbursement Conditions

Buying all tickets is an obligation of participants (with partners' organizations support). In order to be reimbursed participant has to provide all evidences of travelling: coach/train tickets, boarding passes, invoices, etc., as well as the evidence of payment (e.g. bank transcript of payment).

3) Tickets

The electronic travel documents should be upload in **PDF FORMAT** to drive (links will be sent to NGOs)

Original and physical travel documents and receipts concerning your trips should stay in Puente Genil or be sent once you are back in home to this adress:

ASOCIACIÓN JUVENIL ERASMIAU
Calle Horno, 65, 2ºDech
Puente Genil, Córdoba 14500
ESPAÑA

Following the guidelines of the Erasmus+ / YIA Program and internal regulations, the travel must be released by the participants on the direct way within maximum 2 days. In case of long pauses or indirect routes (holiday travel), there is no reimbursement of travel costs!

NOTE that, except illnesses, you are expected to participate FULLY in all activities. Unauthorized absence from activities and workshops is not permitted. If less than 90% of the program is attended, it will not be possible to be reimbursed for the travel costs.

Missing or lost tickets will not be reimbursed

Taxi or petrol costs are not reimbursed (ask us before if you would need it)
Boarding passes for all the parts of air-travel are essential for reimbursement

"Booking paper" alone is not enough (invoices are required)

LOGISTICAL INFO



CONTACT US

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