

Erasmus + Training Course

Infopack

**WHO WANTS TO BE A
VOLUNTEER?**

30 July - 06 August 2023 - Lodz, Poland



Dear project partners and potential Participants! Below, we present you informations that will be useful for you. Please make sure that you read all of them carefully. If you have any additional question, we will be happy to help you – you can contact us on: erasmusprojectmanagement@gmail.com

ABOUT THE PROJECT

OBJECTIVES of the projects are:

In this project, we want to stimulate, encourage and provide youth workers with specific tools and methods to participate in a special needs volunteer project.

The project aims to raise awareness of the value and importance of volunteering as a form of active engagement and as a tool to combat discrimination, social exclusion and differences at all levels from the perspective of young people in different societies and to develop mutual understanding, learn new creative techniques and share existing solutions with and in volunteering. In addition, the youngest will act as multipliers for greater social and community engagement within the Erasmus+ program.

The project is designed to implement Mobility of youth workers (Training Course) and will include 19 participants from Poland, Hungary, Lithuania, Malta and N. Macedonia.

PROFILE OF THE PARTICIPANTS

3 participants per partner organization;

Requirements:

- aged 18+ (participants who do not meet this criteria In on 30th July 2023 cannot be accepted);
- good knowledge of English.

DATES AND SCHEDULE

The participants should arrive on **30th of July 2023**. Official check-in is after 14:00h. The departure will take place on **6th August 2023**. Check-out time is 9:00am

VENUE

The training will take a place in ŁODZ, POLAND. Accommodation will be in **Hotel Mazowiecki Łódź**.

Address: ul. 28 Pułku Strzelców Kaniowskich 53/57, 90-640 Łódź

More details about the hotel: <https://www.hotelmazowiecki.com/>

Participants will be accommodated in a 2 beds rooms, grouped by gender with participants from different countries.

TRAVEL BUDGET PER PARTICIPANT

Travel costs will be covered, based on the country of participants, up to foreseen limits.

limits for travel:

Poland up to 23 Eur.

N.Macedonia up to 275 Eur.

Hungary up to 180 Eur.

Malta up to 275 Eur.

Lithuania up to 180 Eur.

Each participant is responsible for buying their own tickets, in accordance with the guidelines. Refer to the travel budget for the covered amount, participants will receive reimbursements (in euro) after the training course by bank transfer AFTER providing original tickets, invoices and boarding passes. Name of passenger, price, currency and date of purchase should be clearly visible on all documents to be viable for reimbursement. Copy of tickets are not enough according to Polish accounting rules - **we need original documents**. Therefore, the best option for the return tickets is to buy them online, so you can print them multiple times.

Preferable would be the tickets to be bought in EURO currency

- Please note! -The flight tickets booked without our permission will not be reimbursed! -The tickets of the missed flights or any other reasons which the participant could not attend the training will not be reimbursed.**
- bank proof and confirmation of transaction charged for the tickets is needed.**
- Taxi is not refundable.**
- Tickets should be bought online directly from the travel company official website.We dont consider tickets bought through travel agencies or third part intermediate companies.**
- We take in consideration only the cheapest option to get to lodz.**

INSURANCE It is required for every participant from EU country to have the EKUZ card, which provides a free insurance for EU participants on the entire territory of the European Union. Project organizers don't provide health insurance and it will not be reimbursed by the organizers.

How to get to LODZ

- In Warsaw there are 2 airports: 1. Warsaw Chopin airport as well known as Port Lotniczy Warszawa-Okęcie; (served by Wizzair and other companies)
- 2. Warsaw Modlin airport (served by Ryanair and other companies)

Busses and shuttles from Airport Chopin and from Airport Modlin to Lodz:
<https://shop.flixbus.co.uk>

Information about trains connections between WARSAW and ŁÓDŹ you can find it here: trains: <http://rozklad-pkp.pl/en>

Other closer cities which has airports and has good connection to ŁÓDŹ are:
Krakow, Katowice, Wroclaw, Poznan

While planning your journey, you need to keep the following things on mind:
Regarding the dates of travel: Arrival day is **30th of July 2023** and departure dates is **06th of August 2023**.

Participants has possibility to arrive 3 days before beginning of the project, and/or 3 days after when the project will end. Organizers do not to cover costs of your additional nights in Poland out of training dates.

Other important issues: Make sure, that you have a valid ID or passport. Very often participants realize too late that cannot travel because they have not valid documents. After the selection of the participants, we will invite you to FB group in order to make easier communication.

If you have any doubts while planning your journey, please contact us at:
erasmusprojectmanagement@gmail.com