

**INFOKIT  
TRAINING FOR YOUTH  
WORKERS AND LEADERS  
"INSIDE OUT"**

*TRBOVLJE, 8th - 14th December 2022*



**VENUE**

**HOSTEL TRBOVLJE**

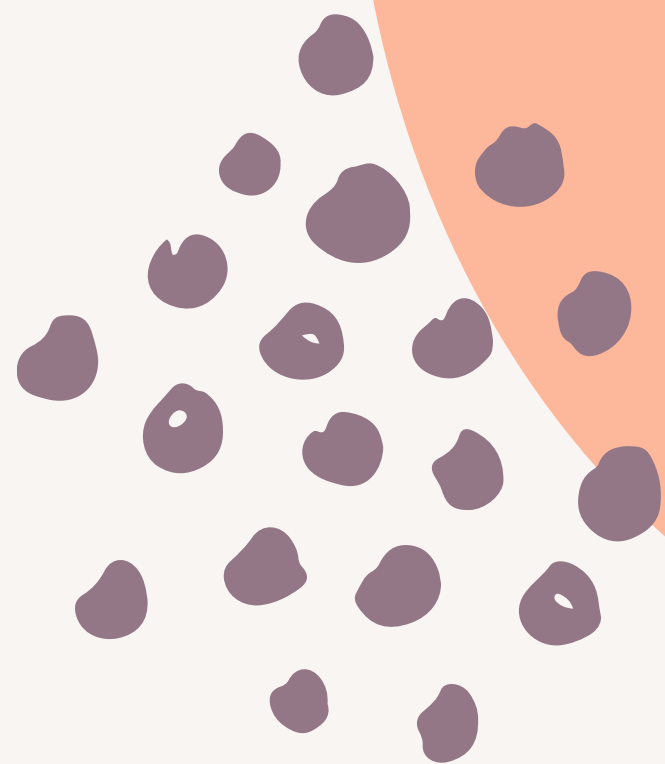
Zavod za mladino in šport

Ulica 1. junija 18

Trbovlje

Slovenia

[www.zmst.si/hostel](http://www.zmst.si/hostel)



# Training presentation

We want to support young people as individuals, each with their own talents, strengths, where everyone can develop and strengthen different intelligences, not just the IQ, which is the most exposed. In doing so, we draw on the research of Howard Gardner, who developed the concept of multi-intelligence, of which the human mind is composed. Gardner recognizes linguistic, mathematical-logical, visual-spatial, musical, interpersonal, inner personal, as a sense of nature and existential center (<https://isio.acs.si/doc/N-485-1.pdf>).

So far, we have acquired knowledge (methods and techniques for strengthening) of kinetic and visual-spatial or imaginative-creative intelligence. In this training, we combine two intelligences, namely intrapersonal and interpersonal.

As

youth workers we want to become even better in our work and at the same time support young people to become the best version of themselves in these hectic, fast-changing times, to be able to listen and trust, to be able to hear others and constructively to participate. Therefore, as part of the training, with the help of an excellent trainer Tatjana Verbnik

Dobnikar,

we will present to youth workers, youth leaders and others who work with young people, methods and techniques for strengthening the two intelligences. Later we want to develop the whole concept of supporting and strengthening more intelligence among young people and to acquaint other sectors with these methods, especially the sector of formal education, with which we are already cooperating.

# Training presentation

## PURPOSE:

Empower youth workers to become key players in their local communities, to strengthen mutual and intrapersonal intelligence in young people.

## OBJECTIVES:

- Empower 22 youth workers with methodologies to strengthen interpersonal and personal intelligence to work better with young people.
- Provide knowledge and skills to youth workers so that they can adapt their methods to virtual and personal activities and to different target groups (teachers, parents, peers ...) that are important for the lives of young people.

## ACTIVITIES:

Training for youth workers on interpersonal and intrapersonal intelligence (5 days and 2 days of travel).

Post-training activity - each partner will carry out one activity for the target group in their local community in order to strengthen mutual and intrapersonal competence.

## RESULTS:

- 22 Youthpass certificates issued,
- Short recommendations for the implementation of activities at the local level on the topic of strengthening these two intelligences, taking into account virtual activities and the implementation of live activities.

# Training presentation

The countries from which the partners come are:

Slovenia,

Bulgaria,

Italy (2x),

Lithuania (2x),

North Macedonia,

Spain,

Hungary,

Romania,

Poland.

# Training presentation

Therefore, we see the importance of this project mainly in:

- Support all organizations involved in strengthening their understanding of the concept of more intelligence.
- getting acquainted with the methods for addressing and promoting these two intelligences in our target groups, especially - young people.
- support for all organizations involved to connect with similar development-oriented organizations, get to know each other even better and establish and establish trustworthy long-term partnerships.
- positioning and raising the profile of their organizations in local environments and establishing contacts with young people and other relevant stakeholders in their environment.

In the partner organizations, the methods acquired in the training will be able to be used in everyday youth work in the following ways:

- building a group,
  - conducting deeper reflections with young people after completing learning activities,
  - in communication and crisis situations with young people,
- in communication between young people and other relevant stakeholders (schools, parents, other young people, etc.),
  - in contact with young people with fewer opportunities (development of empathy),
- in self-reflection and supervision of the team of the organization (exercises for building trust within the organization),
  - in conducting various workshops on self-



# Technical instruction

## 1.PARTICIPANTS

Participants are chosen by partner organisations. We encourage you to select youth workers and youth leaders that work with young people on regular basis and that will be active in the future as well, so they will be able to use gained knowledge from the training daily and transfer

it to your organisations.

Each participant has to fulfil the application in the link we will send.





# Technical instruction

## 2. FOOD AND ACCOMMODATION

Participants will be accommodated at Trbovlje hostel. They have rooms with 3 - 14 beds. We will have breakfast at the hostel, lunch & dinner will be organised by us in the local restaurants. We will use their seminar room as well as the outdoors for our activities.

We will follow dietary restrictions (vegetarians, vegans, any allergies etc.).



# Technical instruction

## 3. TRANSPORT

Below you can find the travel information. You will add your arrivals & departures in the drive file we will share with you.

§ By plane – airport Ljubljana or airport Zagreb or airport Venice or airport Treviso

§ By train to Ljubljana/Zidani Most to Zagorje ob Savi

§ Letališče – Ljubljana/ Bus from Airport Jožeta Pučnika to Ljubljana

[https://www.ap-ljubljana.si/en/timetable/?](https://www.ap-ljubljana.si/en/timetable/?vstopid=2605&vstopnaziv2=Brnik/airport%20Ljubljana&izstopid=1&izstopnaziv2=LJUBLJANA%20AVTOBUSNA%20POSTAJA&datumvstopa=21.06.2021&ponudnikid=0&rnd=zOzQz)

[vstopid=2605&vstopnaziv2=Brnik/airport%20Ljubljana&izstopid=1&izstopnaziv2=LJUBLJANA%20AVTOBUSNA%20POSTAJA&datumvstopa=21.06.2021&ponudnikid=0&rnd=zOzQz](https://www.ap-ljubljana.si/en/timetable/?vstopid=2605&vstopnaziv2=Brnik/airport%20Ljubljana&izstopid=1&izstopnaziv2=LJUBLJANA%20AVTOBUSNA%20POSTAJA&datumvstopa=21.06.2021&ponudnikid=0&rnd=zOzQz)

The bus price is 4,10€ for one direction. Journey lasts 45 minutes. You can buy your ticket on line on the link above.

Other informations are available in at call centre: 1991 or on [narocanje@ap-ljubljana.si](mailto:narocanje@ap-ljubljana.si)

§ By train from Ljubljana/Zidani Most to Zagorje

The train to Zagorje goes every hour during the day from Ljubljana.

<https://eshop.sz.si/en>



# Technical instruction

## 4. WEATHER

It will be winter here in December. It can be rainy or snowy or sunny and cold.

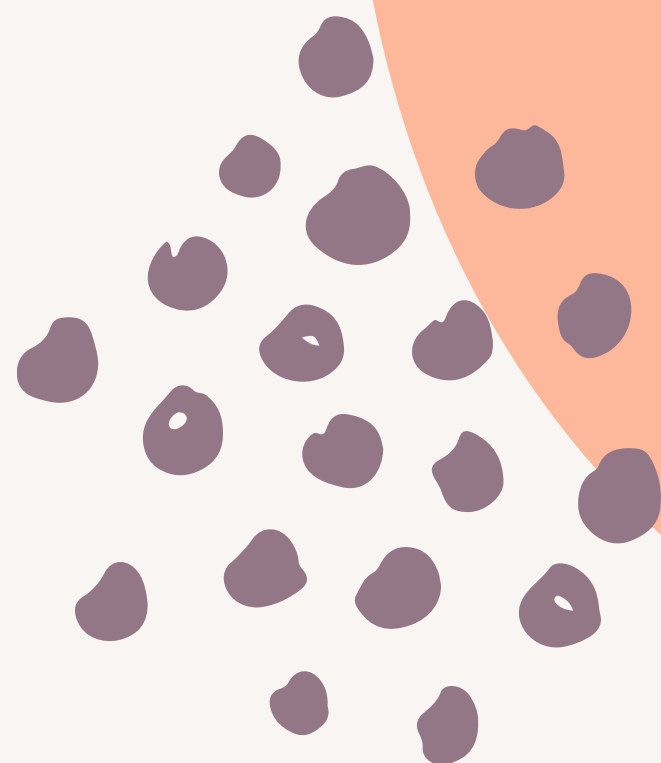
So do not forget to bring warmer clothes to wear and good shoes.



**CONTACT**  
**RADA DRNOVŠEK**  
**PROJECT COORDINATOR**

**ASPIRA INSTITUTE**  
**WWW.ASPIRA.SI**

**RADA@ASPIRA.SI**  
**0038641292824**





Co-funded by  
the European Union

**MOV i T**

