

CAVA DE' TIRRENI,
ITALY



LET IT GO

19-27 of September 2022

ORGANISERS



METIVA ACADEMY


Italy



TEIS

Hungary

WITH THE SUPPORT OF
THE ERASMUS+
PROGRAMME OF THE
EUROPEAN UNION



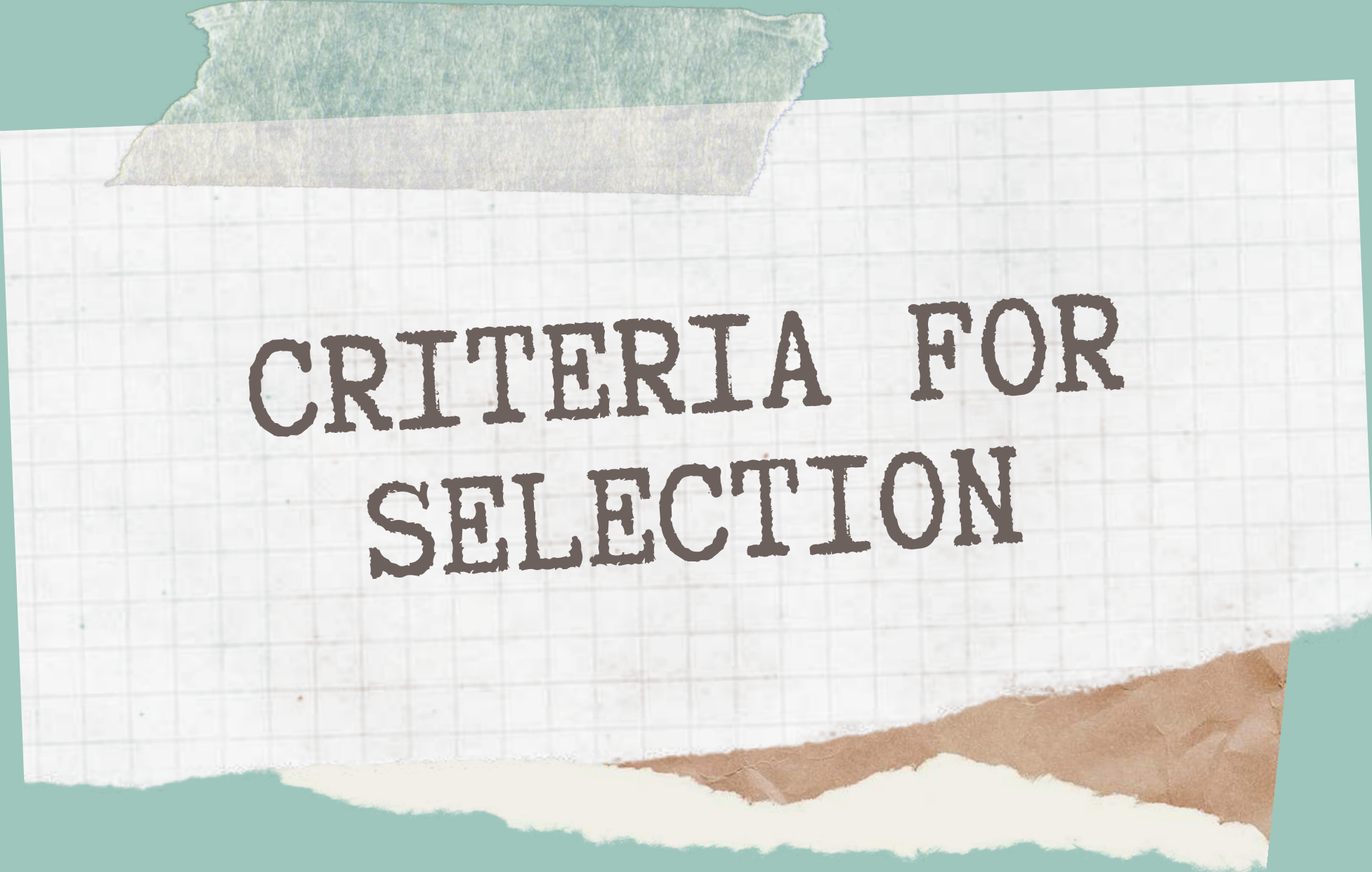
OBJECTIVES:

- to identify and acknowledge challenges we face when working with youth
- to thoroughly learn and experience the value of self-reflection
- to learn how to empathize with others but also with themselves
- to improve their Emotional Intelligence through improving their self-awareness and emotional self-management
- to apply practical tools for recognizing and managing stress, as well as for recognizing, preventing, and managing burnout, which can be used for life
- to enjoy a space for peer learning and support: exchanging relevant experiences and good practices
- to prioritize self-care and emotional wellness and apply these in holistic, creative ways
- to understand and appreciate the value of failures and mistakes, rather than be 'burdened' by them; to be able to convey this to their youth groups, as positive role models
- to recognize the educational value of non-formal learning activities in empowering others
- to create space for developing new and strengthening existing strategic partnerships for projects through youth and voluntary work
- bring together youth workers in order to create new quality projects ideas within the new Erasmus+ program in the youth field
- foster networking among participants and create space for youth workers to reflect on their own practices
- to serve as a place for setting up future projects and initiatives between the participants.

This CMS is open to heads of NGOs, youth workers, trainers, facilitators, and formal educational institutions working in the field of capacity building for educators and aiming at equipping their staff with new competencies, educators themselves, who are open to professional development and eager for education to respond to the issues of nowadays.



PARTICIPANTS



CRITERIA FOR SELECTION

- THE PARTICIPANTS SHOULD BE A PART OF THE SENDING ORGANISATIONS
- sincere interest and motivation to share their work experience and challenges so as to collectively LEARN - a commitment to participate at all stages of the project
- clear ideas for follow-up activities at local/national and international levels
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- shared expectations and clearly defined learning needs
- openness for and appreciation of the non-formal learning process in a highly diverse context
- commitment to go through the whole learning process, including responsibility for self-directed learning and learning outcomes, as well high level of motivation and
- discipline
- commitment to reflect on the personal learning process and ability to critically assess learning outcomes
- high commitment for follow up activities and networking



In order to apply for the project please fill
out the form
<https://forms.gle/ezojatGTpMkAKKbB7>

PLEASE NOTE THAT THERE IS A
PARTICIPATION FEE OF 50 EUROS,
WHICH WILL BE DEDUCTED FROM THE
TRAVEL COST



VENUE

THE PARTICIPANTS WILL BE
ACCOMMODATED AT THE HOTEL
"IL SAN GIOVANNI".

WEBPAGE OF THE HOTEL

<https://www.ilsangiovanni.it/hotel/>

ADDRESS

Corso Umberto I, 167
84013 Cava de 'Tirreni (SA)

PHONE NUMBER

+39 089 2873 446

The participants will be accommodated in 2-3 bedrooms, each room has its own shower and toilet.

There will be breakfast, lunch, and dinner provided during your stay

If there's any person with special diet/allergies, please inform us about this It is especially important for us to know about diets/ allergies/special needs in advance.

ACCOMODATION



ARRIVAL AND DEPARTURE



ARRIVAL DAY IS 19.09.2022
DEPARTURE DAY IS 27.09.2022

It is possible to come two days earlier before the project or/and leave two days after the project ended. This is on your own expense. This way we will still be able to reimburse your tickets, but extra nights and food will not be reimbursed for those extra days.



INSURANCE

EACH PARTICIPANT IS RESPONSIBLE FOR THEIR OWN HEALTH INSURANCE COVERAGE DURING THEIR STAY IN AUSTRIA. PLEASE CHECK THE REGULATIONS OF YOUR OWN HEALTH CARE PACKAGE TO ENSURE YOU ARE PROPERLY INSURED.



IMPORTANT INFORMATION

YOU ARE EXPECTED TO
PARTICIPATE IN ALL
THE ACTIVITIES, UNLESS YOU
ARE ILL.

UNAUTHORIZED ABSENCE FROM
ACTIVITIES AND
WORKSHOPS IS NOT PERMITTED

IF LESS THAN 90%
OF THE PROGRAM IS ATTENDED,
IT WILL NOT BE
POSSIBLE TO BE REIMBURSED
FOR THE TRAVEL COST



FINANCIAL CONDITIONS

All costs related to the program, food, and accommodation will be covered.

The travel costs will be reimbursed up to the reimbursement limit:

Italy - 0 euros per

Ukraine - 275 euros

Greece - 275 euros

Norway - 360 euros

Georgia - 360 euros

Hungary - 275 euros

Armenia - 360 euros

Croatia - 275 euros

Poland - 275 euros

Spain - 275 euros

Latvia - 275 euros

The Republic of North Macedonia - 275 euros



REIMBURSEMENT CONDITIONS:

In order to be reimbursed participant has to provide all evidence of traveling: coach/train tickets, boarding passes, invoices, etc. as well as the evidence of payment(e.g. bank transcript of payment)

Buying all tickets is an obligation of participants (with partners' organizations' support). Before purchasing the travel tickets we are asking you to send us potential routes and costs and wait for a confirmation from us that they are OK

The reimbursement will be done via bank transfer therefore we would kindly ask participants to have their bank details ready and with them to submit during the training course. (Name and full address of the account holder, Name, and full address of the bank, IBAN, SWIFT(BIC).

If you want to come earlier, leave later from Italy, and still receive your reimbursement, it's possible to arrive max. 2 days in advance and leave max. 2 days after the training finishes. Participants need to take care of their stay by themselves in these days.

NOTE that the participation fee (50 euros) will be deducted from your travel reimbursement



OTHER IMPORTANT DETAILS FOR REIMBURSEMENT:

- Missing or lost tickets will not be reimbursed
- Taxi or petrol costs are not reimbursed
- Boarding passes for all the parts of air travel are essential for reimbursement
- "Booking paper" alone is not enough (invoices are required)
- Following the guidelines of the Erasmus+Program and internal regulations, the travel must be released by
- the participants in a direct way within a maximum of 2 days. In case of long pauses or indirect routes(holiday travel), there is no reimbursement of travel costs!

NOTE that:

- Except for illnesses, you are expected to participate FULLY in all activities.
- Unauthorized absence from activities and workshops is not permitted.

If less than 90% of the program is attended, it will NOT be possible to be reimbursed for the travel costs.

CONTACT US

LOGISTICS:

Gabriella Russo
g.russo@metiva.net

TRAINERS:

Natalia Skorik:
skorik.natalia19@gmail.com
Eduard Oganyan:
eduardoganyan@gmail.com

