



NON FORMAL LAB

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CET Platform

Mobility of youth workers, KA153-YOU

22-30 JUNE Presenzano (Caserta), ITALY

Abstract

CET Platform Italy is hosting a Training Course, funded by Erasmus+ and granted by Agenzia Nazionale Giovani, from 22 to 30 of June 2022 in the province of Caserta, gathering 25 youth workers from 8 Countries

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Information for participants

Dear participants, we are looking forward to starting the cooperation with you in Italy. On the following pages you will find some **useful information** about the upcoming Exchange. Please read it carefully, as some of them are very important; everything written in this infopack, once you receive it, will be considered as **fully understood and agreed**.



The group will consist of **25 participants** (including trainers and organizing team), coming from Italy, Bulgaria, Cyprus, Greece, Poland, Republic of North Macedonia, Slovenia and Sweden. This will enable you to meet different people and even to find partner organizations for your further activities within the framework of **Erasmus+ programme**, but remember that such contacts are the bonuses of the project, not the main content

• Project summary

This project arises from the awareness, shared among the partner NGOs and its youth workers, that formal ways of teaching and learning are not providing youth anymore with the proper **competences** required by the labor market and society's development; it is crucial to put young people themselves in the middle of their **learning process** through an **experiential path**, strengthened by (self-)reflection and evaluation, which are key pedagogical **principles of non-formal education**.

Main objectives are:

- explore the characteristics and complementarities of **different educational approaches** and methods
- understand the principles and importance of **NFE methods** in daily work with youth
- provide participants with concrete opportunities to directly **test and experience** different kind of NFE methods
- equip youth workers with tools, manuals, handbooks, references and other **educational material** related to NFE
- increase the competences of youth workers, trainers, leaders and educators from 8 European Countries in **designing and delivering activities** based on experiential learning
- strengthen **partners' base of competences** to increase their role as key players in their communities
- increase knowledge and opportunities deriving from **Erasmus+ programme**

Through **non-formal education methodologies**, we aim to provide participants with the right tools to strengthen their learning process, creating an experiential and inclusive environment that will be completely focused on their needs. Everyone will be encouraged to share experiences and take initiatives and challenges, with the support of trainers and organizing team



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- **Hosting & Partner Organizations**



CET Platform Italy is a non-governmental organization **founded on April 2016**, Italian branch of the international CET network, currently present in 12 Countries (you can see them in the picture below). Despite its young age, CET Platform Italy has been founded by experienced people, active in civil sector and youth work from many years.

Programmes like **Erasmus+**, which includes actions for youth mobility and a strong intercultural dimension, are the main fields of our activities. Indeed, we focus on spreading **European culture and opportunities** deriving from EU programmes and we strongly support the dissemination of European **citizenship and values** at local, national and international level. To achieve our goals, we work in network with other local and international organizations to increase quality of youth projects, sharing experiences and best practices.

Our last implemented projects:



Together Stronger for Inclusive Europe Seminar, 15-22 October 2021



Together Stronger for Inclusive Europe Training Course, 16-23 March 2022

As NGO, our mission is to **improve the level of competences** and skills of young people and youth workers, as well as to foster **intercultural learning, active citizenship** and **social inclusion** through **non-formal education** principles and methodologies. Our vision is to empower youngsters to shape the world they live and work in, enhancing creativity, innovation and entrepreneurship. We want to help young people in their **personal and professional growth** to contribute to the **sustainable development** of European society



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Our partners

AGORA

Email: youth.agora.plovdiv@gmail.com



Media Terra Nea

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Argonaftes

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CreActive

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• Participants' profile

- 3 people per Country respecting **gender balance**
- Youth workers, leaders and volunteers **actively involved** in their sending organizations
- Social workers and youth workers already **experienced in international projects** and/or already working with people with fewer opportunities in their communities, **motivated** to share and increase their knowledge about the topic of the project, in particular as concerning non-formal education and methodologies
- Priority to **people with fewer opportunities**, especially NEET (Not in Employment, Education and Training) people, youth workers coming from rural areas and those subject to discrimination because of gender, ethnicity, religion or sexual orientation



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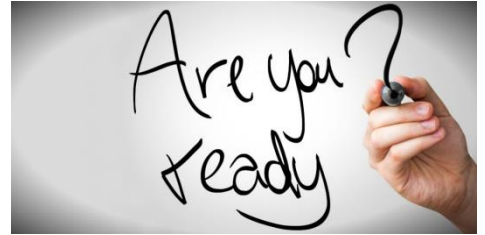
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- **Preparation**

Ideally, once the group is completed, **at least one preparation meeting should happen**. If it's not possible, you can plan a Skype/Google meet/Zoom call and use all the means of communication that you consider suitable and effective (FB or WhatsApp groups, shared documents, etc.) to prepare and stay in touch about every possible need.



Preparatory tasks for every national group include:

- Find information about the **situation in your Country** related with non-formal education practices and level of diffusion and knowledge among the general public, youth work recognition, possible support programmes/activities from government/institutions, good practices at local/regional/national level. During the third day every national team is going to share the findings to the rest of the group in order to have an overview from all the partners
- Prepare a **presentation about your sending NGO**; you can bring promotional material, brochures & leaflets, and anything that you are willing to share with the rest of the group
- There will be **3 intercultural evenings**, with 2-3 Countries in charge of each. On these evenings you are expected to make interactive and creative presentations to let us discover your culture. You can use: traditional food, drinks, music, dresses, flags, brochures. You can also make quiz, performances and/or theatre sketches and on that way present tradition, customs, religion, language, dance and people from your Country

- **For the program – what to bring:**

- Something interesting that you want to show/teach/share with the others, materials and **info from your sending organization**
- **Standard & Sport equipment:** personal hygiene items, medicines or specific products you use, comfortable and sport clothes/shoes, umbrella, etc.
- **Something from your Country**, to share with others and to stimulate the senses. In particular: bring some food and non-food items from your country for the intercultural evenings and be aware that kitchen facilities will NOT be available (do NOT bring food that requires cooking)
- **A mug** that you are going to exchange with the other participants during the Training, to give it as a memory to someone else (we are going to tell you how), but also to be more sustainable, avoiding paper/plastic cups as much as possible



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- **The Venue – How to get there?**

To reach the venue you must head to the train station called “**Vairano-Caianello**”. From there we will pick you up. To start your trip, you can land either at Rome or Naples international airports. The closest is Naples (around 60 km far away) while Rome is more distant (around 200 km).

N.B. It is very important **before buying** your flight tickets to **check the timetables of the trains** (following the instructions of this infopack), because options can be limited and it is important to be sure that the train timetables are **matching with the flights’ landing/departure hours!** If you have any problem to find good options, contact us and we will give you all the necessary support to find the best solutions

Below there are some useful information to organize your trip:

Landing in Naples:



1) Take the bus to the **main railway station of Napoli, Garibaldi**. The bus is named **Alibus**, from **ANM** company and you can take it just outside the arrivals terminal. Follow directions on the boards from the exit of the terminal to reach the stop (you can actually see the bus also in the picture below, on the right before the roundabout). The ticket costs 5€ and you can do it onboard. It leaves every 15-20 minutes and the journey takes about 15-20 minutes. Here’s the timetable and further info: http://www.anm.it/index.php?option=com_content&task=view&id=1314&Itemid=373



2) From the main station of Naples, you can take the **regional train to Vairano-Caianello**. It costs around 5€ and the journey takes about 1:30 hours. Trains are quite frequent (every 1-2 hours), but **last one** is usually scheduled around **19:30**. You must check on **Trenitalia** website to customize your search and buy your ticket: <https://www.trenitalia.com/en.html>. Once in **Vairano-Caianello**, we’ll pick you up

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Landing in Rome Ciampino



1) Take a bus to the **main railway station of Rome** (Roma Termini). There are **several companies** for this route: Terravision, Schiaffini, Cotral, etc. Buses are outside the arrival terminal and there should be runs every 15-20 minutes; tickets cost about 5€ and you can check the websites of the companies for more info and if you want to buy your ticket in advance; in Ciampino, you can buy the tickets inside the arrival terminal or at the bus stop. The journey takes about 45 mins

2) You can take the train to **Vairano-Caianello**. The ticket costs around 10€ and the journey takes about 2-3 hours. There are only **few direct trains**, scattered during the day, and **last one** is usually scheduled **around 18:00**. You must check on **Trenitalia** website to customize your search and buy your ticket: <https://www.trenitalia.com/en.html>. Mind that “**regionale**” trains are the economic options, you find those trains from the following icon: **R**. These trains have fixed prices, while the others (Frecciarossa or Frecciargento) can be way more expensive and price rises according to approaching travel dates and seats left. Once in **Vairano-Caianello** train station we'll pick you up

Landing in Rome Fiumicino:



1) You can take either a bus or a train to the **main railway station, Roma Termini**:

By bus: There are **several companies** for this route: Terravision, Schiaffini, Cotral, etc. Buses are outside the arrival terminal and there should be runs every 15-20 minutes; tickets cost about 5€ and you can also check the websites of the companies for more information and if you want to buy your ticket in advance; in Fiumicino you can buy the tickets at the bus stop. The journey takes about 50 mins

By train: - It is called **Leonardo Express**, it costs 14€ and leaves every 15 minutes. The journey takes about 30 min

2) You can take the train to **Vairano-Caianello**. The ticket costs around 10€ and the journey takes about 2-3 hours. There are only **few direct trains**, scattered during the day, and **last one** is usually scheduled **around 18:00**. You must check on “**Trenitalia**” website to customize your search and buy your ticket: <https://www.trenitalia.com/en.html>. Mind that “**regionale**” trains are the economic options, you find those trains from the following icon: **R**. These trains have also fixed prices, while the others (Frecciarossa or Frecciargento) can be way more expensive and price rises according to approaching travel dates and seats left. Once in **Vairano-Caianello** train station we'll pick you up

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- **Venue, Food and Accommodation**

You will be accommodated in **same gender room, shared** among 3 or 4 people (according to availability and group composition), with participants from other nationalities. All the rooms are equipped with **private bathroom, sheets and towels**. It may be possible to have two persons in one bed because some rooms are designed with double beds (as you can see in the side picture), so if you have any **special request** and/or want to give us a preference about a **possible roommate**, please let us know in advance.



You will be provided with **three meals per day**, plus **2 coffee breaks** in between the morning and the afternoon sessions (around 11:30 and 17:00 respectively). Since you will be hosted in Italy, **meals** will mainly be “Italian style”, to let you properly discover and delve into **Italian food tradition!** So, get ready to taste delicious pasta and sweet breakfast!



The facility is home to many different **animals** (goats, sheep, donkeys, horses, cows, pigs) since it is also a farm with production one of the most delicious and famous products of our region: **buffalo mozzarella**. All the food you are going to eat during the week is **produced by the farm**, or sourced locally. You can check the website of the venue at the following link (only in Italian): [Masseria Cardilli - Agriturismo](http://www.masseria-cardilli.it)



Moreover, the venue has a **wide external space** that can be used for our activities, or just to enjoy and relax during the informal and free time



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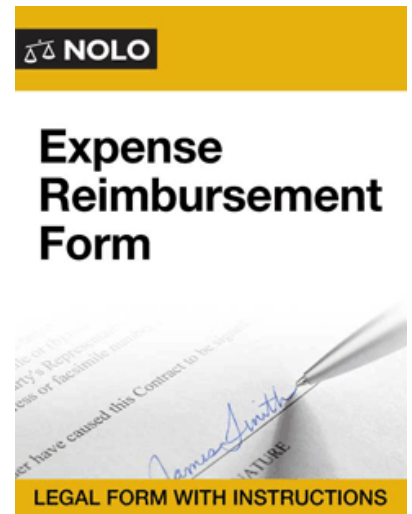
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- **For the Reimbursement:**

To ensure the reimbursement of your travel costs, you are requested to arrange your journey by the most economical route and to make use, wherever possible, of any available reduced tariff (student fares, discount for young people, etc.).

Mind that you need to be in Italy on the 22nd of June and to leave on the 30th. You **MUST** arrive on the official starting date of the Training (22 June), but you are allowed to stay up to **2 extra days after** (meaning that you can leave on 1st or 2nd of July), but keep in mind that the project **budget doesn't cover** food and accommodation for the extra days.



The travel costs within the budget limit of your Country (see below) will be reimbursed only if these conditions are fulfilled by **EACH MEMBER OF YOUR GROUP**:

- You gave all the **ORIGINAL** tickets to our organization. It is fundamental to bring the invoices or the travel confirmations where is clearly shown **the name & surname of the traveler, the price you paid, the date and itinerary of the travel and the date of the purchase**; (in case the amount of your ticket is not written in euro, we will use the European commission currency converter with the exchange rate of the day of your purchase)
- You attended the **full duration** of the Training;
- You submitted any **dissemination** activity and **report** that our organization or EU requested;
- You did your planned **dissemination and follow-up** activity, with evidence of implementation;

Return tickets must all be provided by postal service once you come back home, unless you have the chance to provide them to us during the training itself.

N.B. We highly recommend this option, as in this case you won't spend the money (not refundable) of the postal service, the reimbursement will be faster because we won't need to wait for your tickets to arrive and there will be no risk to lose the postage. Therefore, we strongly suggest you to make electronic tickets and online check in, when possible



The budget limit per each participant is the following:

Bulgaria, Cyprus, Greece, Poland, Republic of North Macedonia, Slovenia: 275€

Sweden: 360€

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The above budget includes all the means of transportation for the round trip as specified in this section of the infopack. If you exceed the above budget, it will be **up to you to cover the extra expenses**, so try to buy your tickets as soon as possible, in order to avoid the increasing prices (of the flights mostly). The above limit can include also the costs of the **pre-departure COVID-19 test** (see the next section below), which can be covered only if it doesn't exceed the travel budget.

TAXI, car sharing services and other similar private transportations are not refundable (e.g. Uber, MyTaxi, Blablacar, etc.), so do not consider them as options while planning your trip



- **SAFETY: COVID-19 & Health Insurance**



In order to reduce as much as possible the **risk of COVID-19 infection**, we will try to create a **bubble** for our group and reduce to the minimum **external interactions**. Moreover, since in our region there are still some restrictions so far, we require the following conditions to join the mobility:

- 1) all participants need to be **vaccinated** or have a **recovery certificate**, not older than 9 months at the start date of the Training; additionally, 48 hours before departure, **antigen or PCR test is required**. The cost of the test will be reimbursed, on condition that you don't exceed the **travel budget** of your Country (see previous section/page)
- 2) everyone needs to travel to Italy exactly **on the starting day of the project** (22/06/2022) to avoid external interactions as much as possible. If you wish to visit the regions of the project, or other cities in Italy, you can stay **after the Training up to 2 days**
- 3) **A second antigen test**, *provided by our NGO at our own cost*, will be made to all participants on the **4th day of the Training**, from expert personnel present at the venue, to fully ensure the safety of the whole group

Additionally, before coming to Italy, please make sure that you have a valid health insurance! For those who have **European Health Insurance Card**, bring it with you or request it if you're EU resident and you still don't have it, while for those who haven't, you can buy a travel insurance covering possible medical needs.



Your health insurance should make it eligible to have medical treatments abroad. **This is absolutely a must to join the project.**

Costs regarding Health Insurance can be reimbursed **ONLY** to the Countries not having EU Card and if they are bought together with the flight ticket in the same invoice/confirmation

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- **Caserta and its province**

The Province of Caserta is located in **Campania region** of Italy. Caserta is the main city of the province and it's situated about 36 kilometres north of Naples. The province has an area of 2,639 square kilometres and a population of more than 900.000.



The province of Caserta covered the greatest expanse of territory around the 13th century when it extended from the Tyrrhenian Sea and the islands of Ponza and Ventotene to the Apennines and the southern end of the Roveto Valley. In the Kingdom of Naples and the Kingdom of the Two Sicilies, **Caserta was one of the most important departments in southern Italy**. The first capital of the region was the ancient city of Capua (the city with the second biggest amphitheatre in Italy after Colosseum) until 1818, then Caserta.



Caserta is an important agricultural, commercial and industrial municipality. It is located on the edge of the Campanian plain at the foot of the Campanian Subapennine mountain range.

Modern Caserta was established in Lombard times by Pando, Prince of Capua. The original population moved from **Casertavecchia** (former bishopric seat) to the current site in the 16th century.



The city and vicinity were the property of the Acquaviva family who, being pressed by huge debts, sold all the land to the royal family. The royal family then selected **Caserta for the construction of their new palace** which, being inland, was seen as more defensible than the previous palace fronting the Bay of Naples.

Central squares and streets of Caserta are: piazza Margherita, piazza Vanvitelli, via Ferrante, via Mazzini, corso Trieste (just google it :D).



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Royal Palace of Caserta

The Palace of Caserta is located in the very center of the city, a royal residence constructed for the Bourbon kings of Naples. It was one of the **largest buildings erected in Europe during the 18th century** and today it's the world's largest royal palace by volume.

In 1997, the palace was designated **UNESCO World Heritage Site**, described in its nomination as "the swan song of the spectacular art of the Baroque, from which it adopted all the features needed to create the illusions of



multidirectional space".

In terms of volume, the **Royal Palace of Caserta is the largest royal residence in the world** with over 2 million m³ and covers an area of about 47,000 m².

The construction of the palace was begun in 1752 for Charles VII of Naples, who worked closely with his architect, **Luigi Vanvitelli**.

In the end Charles VII never slept a night at the Reggia, as he abdicated in 1759 to become King of Spain, and the project was carried to only partial completion for his third son and successor, **Ferdinand IV of Naples**.

The political and social model for Vanvitelli's palace was **Versailles**, which, though it is strikingly different in its variety and disposition, solves similar problems of assembling and providing for king, court and government in a massive building with the social structure of a **small city**.



The palace has **1,200 rooms**, including two dozen state apartments, a large library, and a theatre modelled after the Teatro San Carlo of Naples.

The palace has a rectangular plan, measuring 247 × 184 m. The four sides are connected by two orthogonal arms, forming four inner courts, each measuring more than 3,800 m².



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Of all the royal residences inspired by the Palace of Versailles, the Reggia of Caserta is the one that bears the greatest resemblance to the original model. As at Versailles, a **large aqueduct** was required to bring water for the prodigious water displays. Like its French predecessor, the palace was intended to display the power and grandeur of an absolute **Bourbon monarchy**.



The garden, a typical example of the baroque extension of formal vistas, stretches for 120 ha, partly on hilly terrain. It is also **inspired by the park of Versailles**. The park starts from the back façade of the palace, flanking a long alley with artificial fountains and cascades. There is a botanical garden, called "The English Garden", in the upper part designed in the 1780s by Carlo Vanvitelli and John Graefer.

The fountains and cascades, each filling a "vasca" (basin), with architecture and hydraulics by Luigi Vanvitelli at intervals along a wide straight canal that runs to the horizon, rivalled those at Peterhof outside St. Petersburg.



The Caserta Palace has been used as a **filming location** in a number of movie productions. In 1997 it served as a filming location for **Star Wars** when it was used as the setting for Queen Amidala's royal palace on Naboo in the 1999 film *Star Wars Episode I: The Phantom Menace*. It featured again in the 2002 film **Star Wars Episode II: Attack of the Clones** as Queen Jamilla's palace.

The same room was also used in **Mission: Impossible III** as Vatican City. In the film, a Lamborghini car is blown up in a square inside the palace. The main staircase is also used in **Angels & Demons** as the Vatican's staircase.

If you want to visit the royal palace, the train station of Caserta is right in front of it, and you can reach it easily from Naples or Rome.



The royal palace is really big, it won't take you less than 3 hours if you want to have a decent visit, so keep it in mind and plan your day accordingly. The **official website** with opening/closing hours and tickets prices can be found at the following link: <http://www.reggiadicaserta.beniculturali.it/home/orari-e-prezzi/>

Since the official page by the Italian cultural heritage ministry has detailed information only in Italian, and just some basic data in English, you can have a look to the **unofficial English website** here (with additional info about history and more): <http://www.reggiadicasertaunofficial.it/en/home-en/>

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- **Contacts and Facebook group**

In case of any question concerning the travel, the project, your preparation or any other matter, please contact the partner organization from your Country. For direct communication to us, you can write at italy@cetplatform.org

Moreover, you can find **CET Platform Italy** on:

 Instagram: https://www.instagram.com/cet_italy/

 Facebook: <https://www.facebook.com/cetplatformitaly>

We will also create an official **Facebook group** of the project later on. On that virtual space we can start getting to know each other, familiarize with the topic and objectives of the training, and ask all the information you might need.

For urgent communication, you can also contact us by phone (WhatsApp too)

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Get Ready to be part of NON FORMAL LAB!!!

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